



Eight Ball Junior Coaching

Skill Sets

- 1: Cue Ball Control - Speed 1
- 2: Cue Ball Control - Speed 2
- 3: Cue Ball Control - Speed 3
- 4: Cue Ball Control - Speed 4
- 5: Cue Ball Practice - Speed 2
- 6: Cue Ball Practice - Speed 2
- 7: Potting Red & Yellow Balls
- 8: Potting all the Yellow Balls

Attempt each Skill Set 3 times

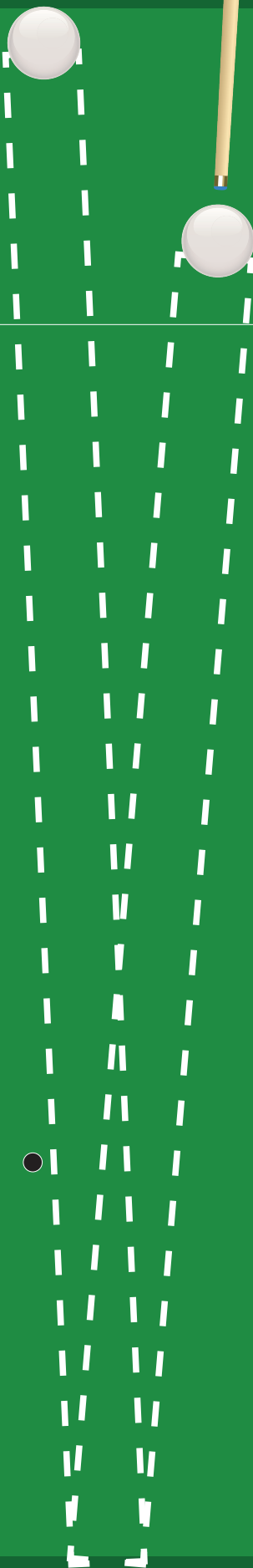


**CUE BALL
SPEED 1
HIT THE
CUE BALL to the
BOTTOM CUSHION**



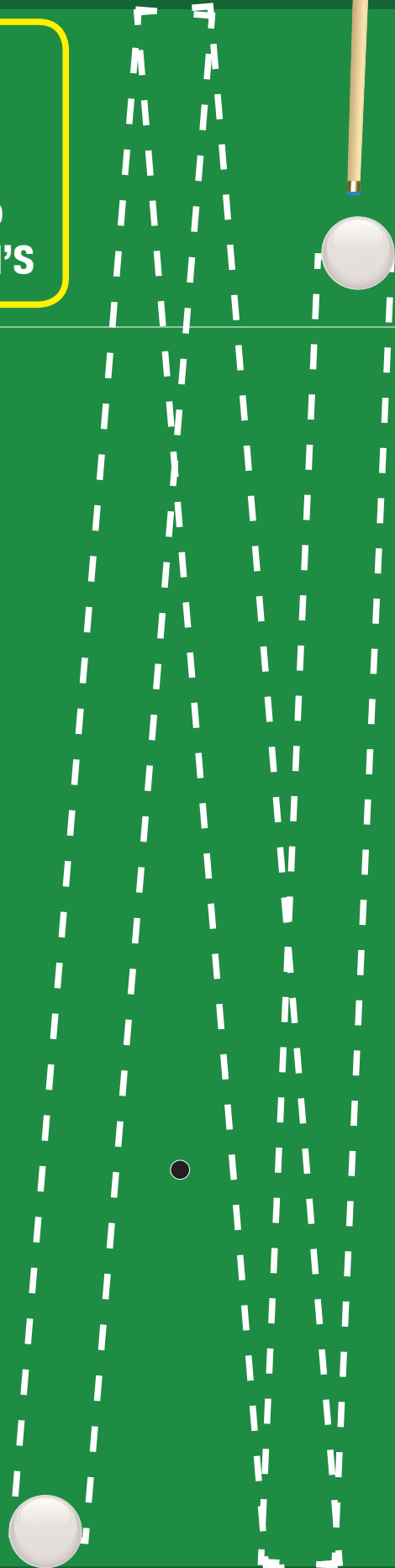
1

CUE BALL SPEED 2
HIT THE
CUE BALL into
BOTTOM CUSHION
and BACK to TOP



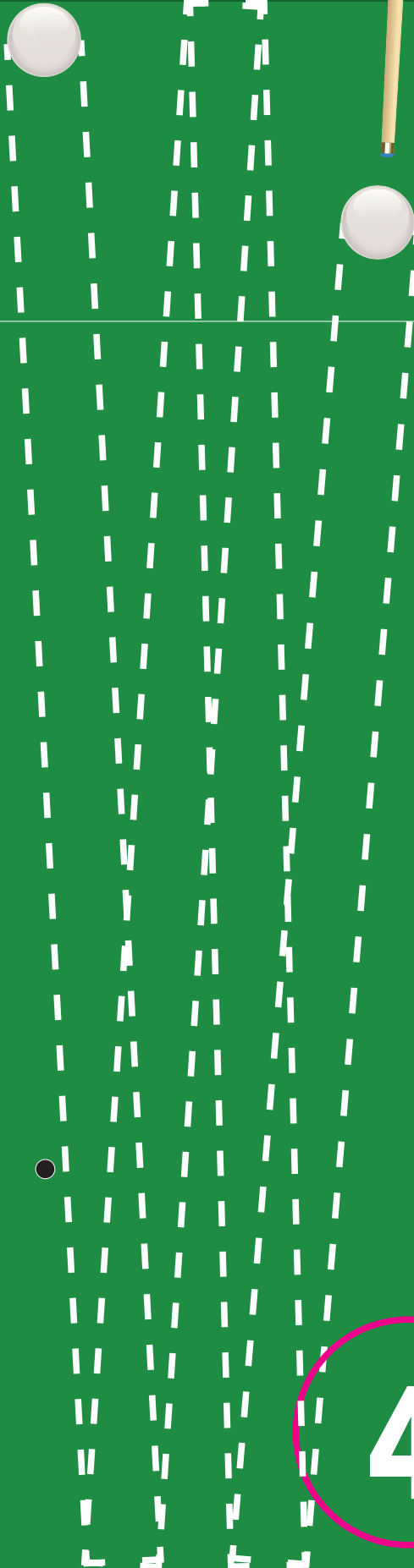
2

**CUE BALL
SPEED 3
HIT THE
CUE BALL into
THREE CUSHION'S**



3

CUE BALL
SPEED 4
HIT THE
CUE BALL into
FOUR CUSHION'S



4

**HIT THE CUE BALL
to the
BOTTOM CUSHION
and BACK!
into BAULK**

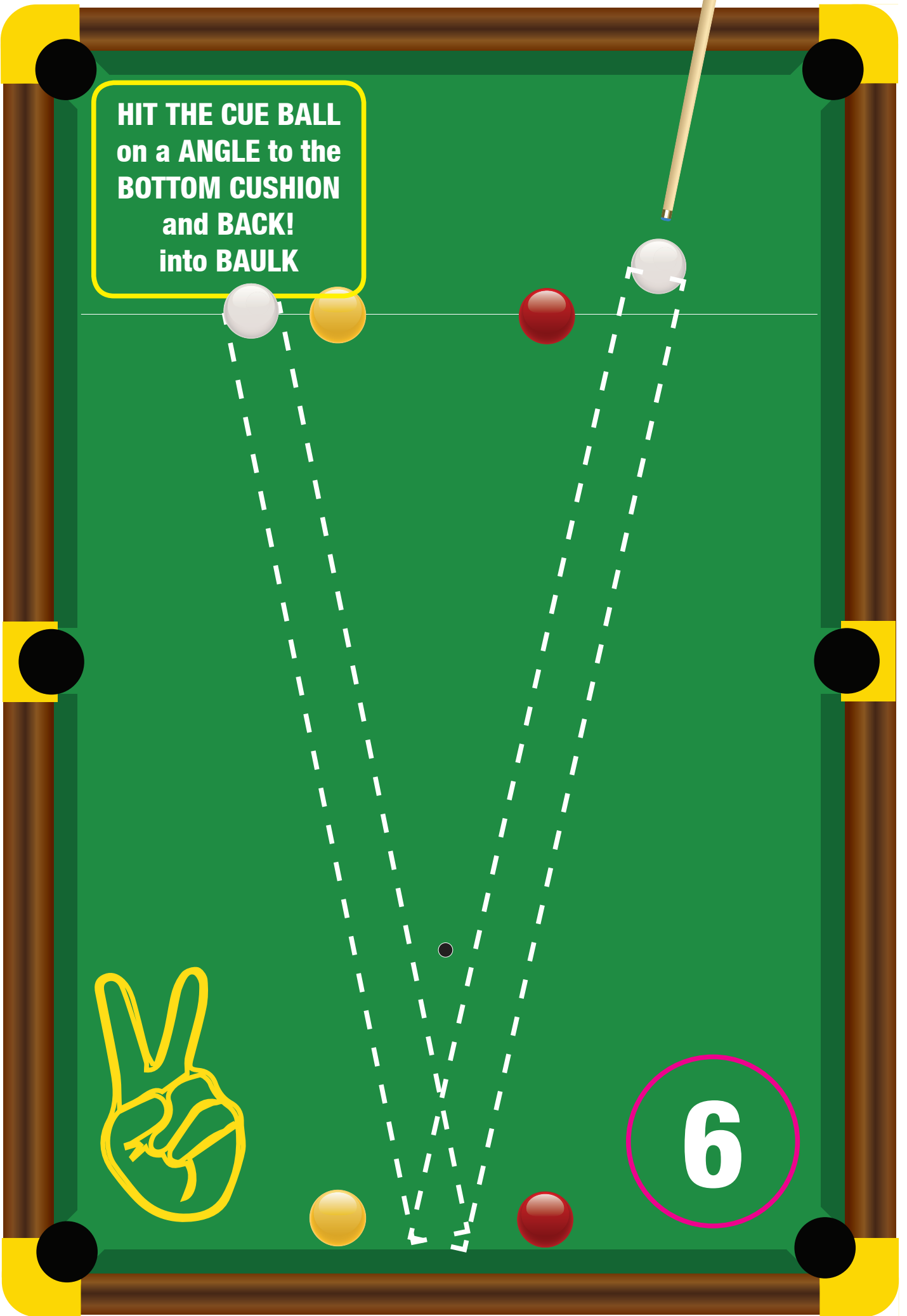


5

HIT THE CUE BALL
on a **ANGLE** to the
BOTTOM CUSHION
and **BACK!**
into **BAULK**



6

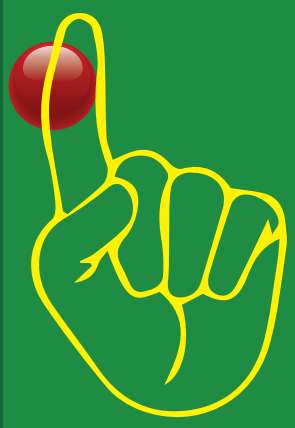


HIT THE CUE BALL
potting the
RED BALLS
then the
YELLOW BALLS



7

HIT THE CUE BALL
potting the
YELLOW BALLS
missing all the
RED BALLS



8

Name:

'SKILL SETS' RESULT SHEET		
SKILL SET	RESULT	COMMENT
SKILL SET 1	1st 2nd 3rd	
SKILL SET 2	1st 2nd 3rd	
SKILL SET 3	1st 2nd 3rd	
SKILL SET 4	1st 2nd 3rd	
SKILL SET 5	1st 2nd 3rd	
SKILL SET 6	1st 2nd 3rd	
SKILL SET 7	1st 2nd 3rd	
SKILL SET 8	1st 2nd 3rd	